

## CHAPTER 13

### PARENTS' TESTIMONIALS

#### *Testimonial of Joost's mother*

On a beautiful summer day the most wonderful thing happened to me: I found out I was pregnant! In the months to come I read all the books on pregnancy available in shops and libraries. The last book I came across was on a very special autistic boy. I never finished the book because during the last chapter I went into labor and I never got to the last page because my son was born.

From that last page I read, I could start my own book of my search in a world of hope and despair, understanding and misunderstanding.

My son was born on the first of March, a healthy baby, a miracle, my life was a pink cloud. Although he cried considerably, he developed well, laughed at six weeks, crawled at nine months, walked at 13 months and babbled cheerfully. He preferred to be outside, walking in the forest or going out with mummy and daddy.

One outing I will never forget, taking him to the playground. That does not sound special, does it? However there I met a mother of a boy just a bit older than mine. She told me her son had always been healthy like mine but that all had changed after the MMR shot. He did not make contact anymore, cried a lot, started to babble like a baby again, and withdrew into his own world.

I thought then just for a minute about the MMR my son would get in two weeks, but doesn't everyone have their child vaccinated? That would not happen to us... is what I unfortunately thought.

Yes... and then... also for us... the huge change in *his* but also in *our* lives. The day of the MMR stays indelibly stamped in my memory. It was as if my dear little son already knew what was going to happen to him, as if his future had been decided already.

He shrieked as he had never done before, he resisted so hard that two doctors came to hold him. I held my own child down so they could give him the shot. I really believe that in that moment he lost faith in the world and partly also in me.

A week later the misery started. He withdrew more and more into his own (fantasy) world, making less and less eye contact. He had many ear infections. All toys making noise made him put his hands on his ears and shriek loudly.

At two he hardly played with toys anymore. He could sit for hours on the couch listening to quiet music. When driving, I often glanced to see whether I had forgotten to take him with me he was so quiet. He was locked into his own world.

Kindergarten was a drama... I brought him a few times with his knees trembling. However he did nothing there, did not play with the other kids. He only watched. This was too much for my 'motherly feelings' and after two months I removed him from the kindergarten.

In the first year of primary school, when he was four, nothing had changed. He could only go to school in the morning because he was oversensitive to all the stimuli. He had very few friends, hardly participated in any activity, instead retired into his own world.

Because his health was also deteriorating, I decided to go to an iridologist with whom I had had good results. His tests showed that my son's health problems could not be put right until the MMR shot was detoxified. Many things had gone wrong from the MMR and the

poison in his body had to be eliminated. He referred us to Dr. Tinus Smits and that proved to be the turnabout from despair to hope and from incomprehension to complete understanding.

We became alive again when we heard that complete recovery would be possible. Not only he became alive again, but also we, over a period of three years.

It all started after the first series of MMR detoxification. We were asked to come and talk to his second grade teacher. Something had happened that she could not explain. My little son who normally was on his own, now suddenly was in the centre of attention of the tough boys. He really was very present. He talked too much, was naughty during lessons, lifted other children to show off how strong he was... and even quarrelled. Many a parent would not have liked such a conversation with the teacher but I was very delighted without expressing it clearly to the teacher. All of a sudden my child was making a lot of contact with others, even though maybe not always in the right way.

After the next detoxification series, more of his lost qualities emerged again. His eye contact was improving. At school he started joining group activities, however he still would not let anyone other than a family member touch him. So holding hands while singing and lice inspections by other mothers were still dramatic. His sheer endless fantasy world where he could bring alive anything he observed in his surroundings, was still a point of special interest.

And then there were still his multiple obsessions: for the brand names of all the soft drink bottles, his obsession for waterfalls, for the names of all countries in the world (at six years old), for number work ... there was still good detoxification to be done.

So we continued the detoxification process with Dr. Tinus Smits, clearing the DTPP and the Neisvac-C. Often he had violent reactions

during this process. After taking those tiny pills, my little son could weep distressingly as if he wanted to throw out all the sorrow of the whole world.

Sometimes he could get so terribly angry with screaming or stamping his feet. I had never seen him like that before. Up till now all had remained locked up inside him.

By venting all that anger and sorrow, he was able to show more and more of his feelings. Little by little he started living in the real world, leaving his fantasy world behind. We could have conversations about the real world and not the world of teddy bears and other cuddly toys anymore.

After further series of detoxification, he brought more and more friends home with him, and he got a number of invitations for parties too. For most parents this was quite normal, but for me still so meaningful. We had found the right way.

We are not yet quite there as he still has a few obsessions. However we now have a great kid who loves family parties, makes his class laugh with his jokes, talks constantly from 8 in the morning until 8 at night, and who yesterday during a class trip addressed - in poetic form and standing on a litter basket - the crowd waiting in rows to be admitted into an attraction.

Tinus Smits, for me you are a hero, who brought life back to my son, to me and to my husband.

Thank you!

*Testimonial of Margriet's parents*

In June 2007 when our daughter Margriet was 7 years old, we started with a sugar free diet, organic food as much as possible, vitamins and Saccharum off. 30C. She was diagnosed with ADHD, PDD-NOS, and was a most obstinate girl whom we could not manage. Visiting other people with her was a real affliction. People did not like us to come over, so most of time we stayed home so as not to bother our friends. Margriet had almost always diarrhea, could not eat normally, ate very little, and took an hour and a half for dinner. She drank large quantities and loved anything sweet. She ate only two types of vegetables and two types of meat, and those just in small amounts. As a consequence she was very thin.

After three weeks of treatment by Dr. Tinus Smits, the change was unbelievable. That day we ate fried fish (I would always put everything on her plate that I had cooked for ourselves). Margriet ate the fish and looked at me in amazement. "Mom, I don't understand, I can put this in my mouth, swallow it and eat it, how is that possible?" From that moment she started to eat everything and at a normal rate. Now two years later she even eats food other kids usually don't like. She now asks regularly when we are going to eat because she is hungry.

After this first treatment Dr. Smits started with the detox of methyl-dopa, a high blood pressure medication I used during my pregnancy. Margriet reacts quite violently to these courses of detoxification. She has a difficult time and we as parents did too, but we have been doing them on and off for more than a year now. Her reactions grow less and less each time, but we want to keep repeating them, because after each one we notice progress in her behavior. On the social level Margriet has improved substantially. She now has a 'best friend'.

After the detoxification of the methyl-dopa we are starting with the clearance of her vaccines.

I would like to recommend such an approach to all parents, no matter

what the rest of the world says and do not give up! It is great to see your child improve in this way.

*Testimonial of Rob's parents*

We would like to share our story because our lives changed quite a lot when Dr. Tinus Smits started treating our son.

Rob had his first vaccinations at the age of 10 weeks while suffering from a cold and the second series shortly afterwards as we had to move to Canada. The health centre told us that it was standard procedure.

At this young age he always had a cold (a running nose and drooling), smelly watery stool, never slept in one stretch during the night, and cried often. He never obeyed and he reacted badly to people around him.

At age three and a half he had his tonsils and adenoids taken out and tubes put in his ears. We expected that he would be much better now, but there was hardly any change.

When going to school (4 years old) he appeared to be 'different', he was tested and diagnosed as PDD-NOS.

Because his sister had celiac disease and we were searching for a relation between the two illnesses (a cousin was in the same situation) we found the site of Tinus Smits by chance.

Dr. Smits started his series of detoxification step by step – vaccinations, anesthetics, antibiotics, parents' vaccinations – and consequently Rob has now become a completely different child.

He is 10 now. The most important thing is that he is manageable

now and that he engages in mutual contact. Also his grandparents and teachers at school are amazed. He has friends now, his results at school are good and at home with his sisters the ambiance has changed.

I myself, his mother, was on the verge of a nose operation. Dr. Smits advised me to take a series of homeopathic diluted pollens and mites (glycyphagus), and my nose and sinuses have been clear for two years, no blocked nose or sinusitis any more.

We are very grateful to Dr. Smits for what he did for us. We as parents know his art of working and healing really helps. We therefore hope many will continue his good work.

*Testimonial of Yarnick's parents*

I would like to tell you what Dr. Smits meant for our son Yarnick and for us.

Until he was a year and a half his development was normal, we had eye contact, he reacted normally to us, could be consoled, etc. He was a happy and sweet little boy. But from the age of 18 months we were hardly able to make contact with him any more. He had numerous ear infections which were very difficult to heal, accompanied by a chronic flu. His speech got stuck at the level of a one year old.

When three years old, he finally got tubes in his ears after many courses of antibiotics. He was completely in his own world and incapable of social interaction, in spite of his good hearing. At first we had assumed Yarnick could not hear us and lagged in speech for that reason, however this appeared not to be the case.

His whole attitude changed and he became a frustrated boy. This behavior manifested itself as tantrums, headbanging, shrieking, biting, hyperactivity, refusing to fall asleep and never sleeping through

till next morning, inability to be reprimanded, keeping his hands over his ears, strict rituals and great difficulty coping with changes in daily life.

When he was four and a half we took him to Dr. Smits, who started the detoxification of his vaccinations. Yarnick had heavy reactions, the ear infections came back temporarily together with vomiting, diarrhea and regressing into certain old patterns. He sometimes was terribly ill. However, after each detoxification we noticed an improvement in his behavior. Very shortly after the first course, he never got ill again (except during the detoxifications).

Now Yarnick is six and a half and his behavior has improved immensely. He still is under Dr. Smits' care to detoxify his father's vaccinations, a treatment to which he had again a violent reaction.

To date we have not completed all detoxifications, however we can already state that Yarnick improved enormously in his general behavior.

All the difficulties mentioned above have practically disappeared and also his speech has started to develop again. He is interested in other people around him and we have better contact with him.

To date we can conclude that the detoxification of the vaccines had a most positive result for Yarnick. As Yarnick now has more fun, is able to express himself much better and has less frustrations, our family-life has positively changed.

We are forever grateful to Dr. Smits.