



BOOK REVIEW:

The Trituration Handbook: into the Heart of Homeopathy

By Sue Boyle, RN

Homeopathy is changing. First Rajan Sankaran expanded our practices with his Sensation Method, and then Jan Scholten brought both the Periodic Table and the Lanthanides to life. But our greatest change is coming to light now through this book. The [Trituration Handbook: into the Heart of Homeopathy](#) takes us on a journey from one non-homeopath's experiments to experiments spreading out into Europe and the US. Judy Schriebman and Anneke Hogeland take us on this amazing journey of discovery starting in 1993 with Witold Erhler, Jurgen Becker, and Alize Timmerman and introduces us to their trituration group in the Bay Area. We learn how this has come about and how to do a trituration step by step. Included are drawings made by the provers during the process, descriptions of the substances themselves, case studies and the experiences of provers from many countries.

Doing these triturations has changed not just their practices but in some cases their lives. If you are looking for the next evolution in homeopathy, it is here in great detail: a way to not only improve your practice but also deeply heal some of our most severely injured clients.

I strongly recommend you get [The Trituration Handbook](#) and prepare to change your life.

